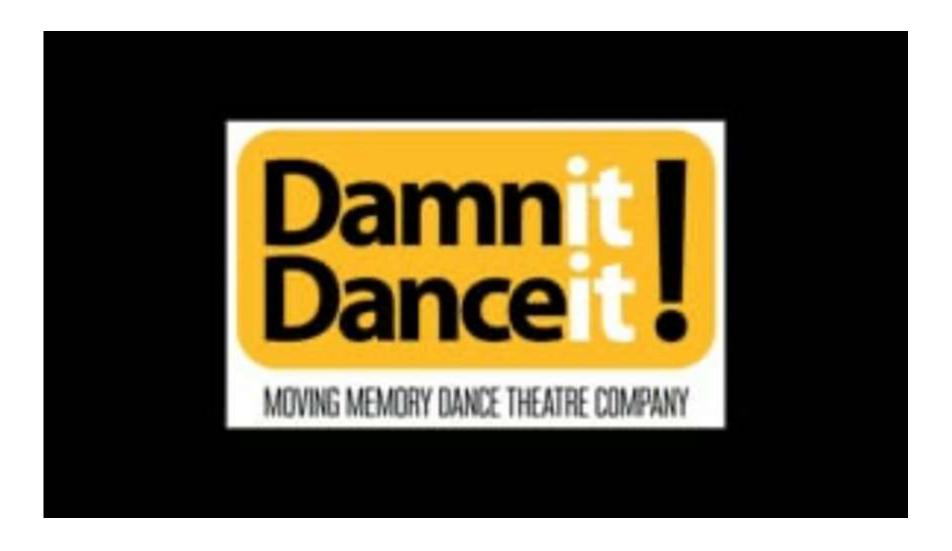
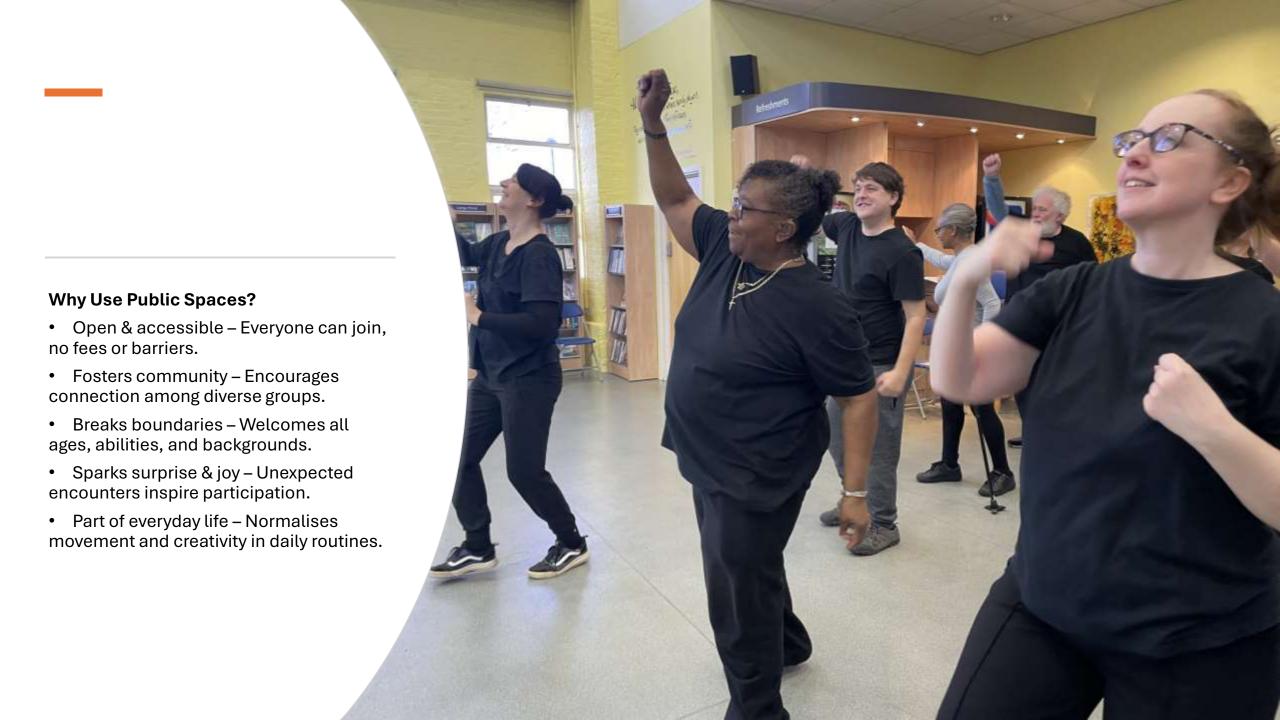


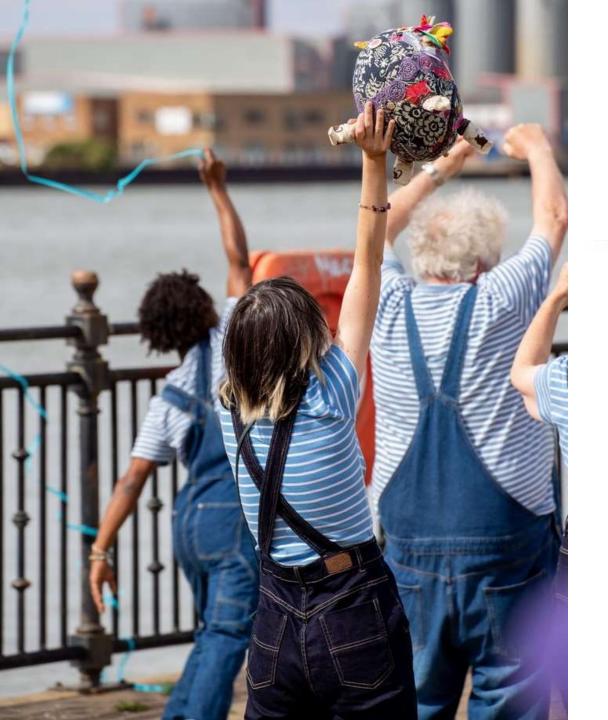
Moving Memory Dance
Theatre: The older body
centre stage

- Improve quality of life and equity for older people
- Challenge ageism
- Produce performances, workshops, training and research
- Engage "hard to reach" communities in movement
- Impact: 13,000+ audiences, 3,000+ participants



Taking to the streets





Learning/Tips

- Meet people where they are turn public spaces into dance floors of connection.
- Move, play, belong use creative movement to spark joy, connection and inclusion.
- Co-create the moment listen, adapt and build *with* participants.
- Every body welcome adapt movement to suit all abilities and comfort levels.

- Facilitation is an artform skilled, sensitive, experienced facilitators make it work. Value and remunerate the whole process training, prep, reflection, reporting it's all part of the craft.
- **Stay agile** read the space, embrace surprises and always have a plan B.
- **Keep it safe & kind** safety, care and consent underpin creativity.
- **Reflect, learn, evolve** every session offers insight; feed it back in.
- Lasting change requires long-term investment



Code of Conduct: Our Ground Rules

- Be Respectful
- Be Kind
- Be Generous
- Listen
- Give Space
- Have Fun!

