(bright music)

- Active 60!

- The school games is so much more than the opportunity for children to take part in sport. It's an environment that can develop them physically, socially, and emotionally, and help them be happy, healthy learners.

- Less than half the children in England are meeting the minimum activity levels. The School Games support schools with the Active 60 Campaign which is a campaign to ensure that every child in every school can achieve 60 active minutes every day. This can take the form of sharing resources, delivering workshops, signposting schools to opportunities, or delivering festivals, and creating community club links.

- Greenfield Community Primary School has really benefited from the support of the School Games mark. Around 40% of our children are pupil premium and we have a large amount of children with SEND needs.

The Active 60 festivals are a great way to get children involved in sports that they may never have participated in before. Hopefully, children will find these activities and look to join clubs that they can do outside of school. If not, they can go to local areas to play sports with their friends and families to still make sure they're being active for 60 minutes a day.

- Being active makes me feel happy and it gives me lots of energy.

It makes me want to do more and try more of the sports and get better at them.

- We want children to achieve their potential. We know that active children make better learners.

Active children are better at managing their own behaviour and we know that physical activity has so many positive benefits for young people, both mentally and physically.