

# Sustainability and resilience

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### Resilience



"The ability of an organisation to anticipate, prepare for, respond and adapt to incremental change and sudden disruptions to survive and prosper." **British Standards Institute** 

"The ability of the organisation to absorb and adapt in a changing environment." **International Standards Organisation** 





### **Sustainability**



How do we enable our sessions to continue?

How do we enable people to continue being active?





## **Involve participants**





### **Link with local partners**





# **Develop your workforce**



## Charge a small fee





# **Develop exit routes**













### Monitor and evaluate your project



#### UNDERSTANDING IMPACT

- Understand impact on strategic priorities
- Compare and aggregate return on investment
- Track impact over the long term
- Evidence wider outcomes
- Strengthen the evidence base for sport and physical activity

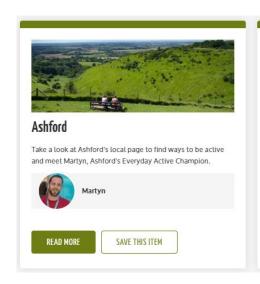
#### LEARNING AND IMPROVEMENT

- Inform intervention design
- Inform investment decisions
- Refine and improve delivery
- Support organisational improvement
- Help others to deliver more effectively

#### SUPPORTING ADVOCACY

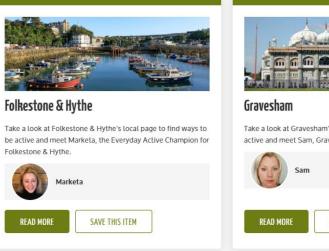
- Bring to life the impact of investment
- Show the benefits of physical activity to health, communities and the economy
- Advocate for investment in specific interventions
- Make the case for investment in sport and physical activity nationally and locally

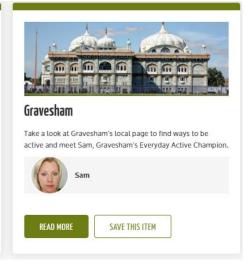
### Promote other local opportunities

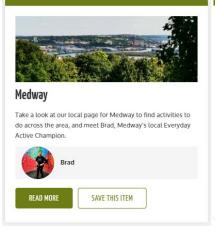




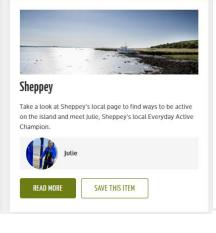


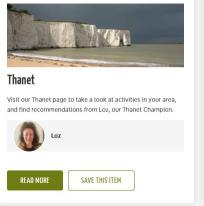


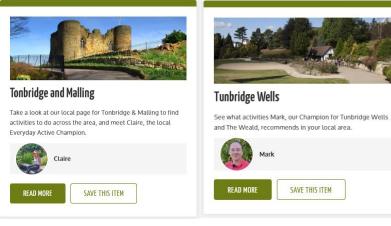












### **Running your organisation**



### There is a vast network of organisations that can provide:

- > free resources
- > support & guidance
- > workshops

### to help

- grassroots sports clubs
- > community & voluntary organisations
- > small charities
- social enterprises

from across Kent and Medway grow into successful, resilient and innovative organisations.



### **Partner Organisations**

Find out more about organisations that can help with subjects including governance, volunteering, funding and social prescribing.

Read more

### **Funding**

active
Kent & Medway

- Active Kent & Medway Small Grant
- Coach and Officials Bursary
- KCC Capital Grant for Sport
- Small Grant for FANS Members
- Small Grants Programme | Sport England
- National Lottery Awards for All





 What has your organisation done to help with resilience and sustainability?

What challenges do you face?

What support do you need?



