## Safeguarding Adults Myth Busting

Myth Busting No 1 'I don't need to know about safeguarding adults'

Safeguarding adults is everyone's business.

We all have a responsibility to look after one another, and report concerns. If you are unsure if something is really wrong or don't know who you should talk to, find out who can help.

Myth Busting No 2 'Only certain adults need to be safeguarded'

Safeguarding adults is about ALL adults.

Safeguarding adults is about protecting the safety and wellbeing of all adults in your organisation, and providing additional measures for those least able to protect themselves from harm (adults at risk).

Myth Busting No 3 'It's only about protecting participants'

It's also about protecting staff, volunteers and colleagues

Safeguarding adults includes ways in which organisations protect staff, volunteers and colleagues, as well as service users or participants.

Myth Busting No 4 'It's the same as safeguarding children'

Adults are protected by different legislation and policy.

Children and adults are protected by different legislation and policy, and face different types of harm and abuse. Importantly, adults have the right to make their own decisions about their safety and wellbeing.

Myth Busting No 5 'It's just about policies and processes'

It's also about creating a culture that embraces all adults.

Safeguarding adults is more than policies and processes. It is also about creating a culture that embraces all adults, informing and consulting them on all decisions affecting them.

We're supporting Safeguarding Adults Week – Ann Craft Trust

For more information, please visit: www.activekent.org/safeguardingadults