

Using Physical Activity to raise attitudes and attainment in Maths and English

In partnership with



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@TeachActive

Watch our short video





Benefits of Physically Active Learning



"We can temporarily improve our ability to perform cognitively following a dose of exercise. The exercise bout doesn't need to be rigorous. 20 minutes of walking at a moderate pace, made an impact on student achievement"



Prof Charles Hillman

What is 'Teach Active'

Teach Active is a multi-award-winning online resource that provides teachers with lesson plans and resources to deliver the Primary Maths and English curriculum through physical activity.

Active Maths

- 2000+ lesson plans and resources
- Covers every single objective under the maths curriculum
- 250+ homework activities
- Mapped to the national curriculum
- Foundation Stage to Year 6



Active English

- 1500+ lesson plans and resources
- Covers key reading skills
 (all texts included)
- Covers writing objectives * (all areas of spag)
- Foundation Stage to Year 6





Benefits 'Teach Active'

We are passionate about making the school day more active. We reduce teacher workload and support outstanding teaching and learning.

For Children

✓ Raises attitudes & attainment to Maths/English

Research-led with a proven impact on raising enjoyment, self-esteem and achievement.

✓ Increases levels of physical activity

Allows children to meet and exceed government recommendations in a purposeful way.

✓ Supports whole child development

Recognised in developing social skills, teamwork, resilience, determination, and happiness!

For Teachers

\checkmark Saves hours of planning time

Welcomed by busy teachers and allowing active learning to become sustainable and achievable within the curriculum.

\checkmark Supports outstanding teaching

Gives teachers the tools, ideas, and resources to plan and deliver outstanding lessons – Loved by staff and pupils!

\checkmark Complements any scheme of work

Designed to sit alongside, enhance and complement your existing planning or scheme of work.



Attitudes

- "Children are **enjoying** their lessons more"
- "Teach Active has supported a love of learning"
- "We have seen an increase in **confidence**"
- "They voted Teach Active as their **favourite lesson**!"
- "Helping to foster a love of reading"
- "Grammar lessons have come to life"
- "Children are significantly happier"
- "It is great to see such engagement"
- "Better **attitudes** towards work"
- "It makes me happy to see children loving maths"



Attainment

- "A measurable increase in attainment"
- "Teachers report more progress within lessons"
- "Maths results have increased 21% in the space of 12 months"
- "Teach Active has really supported children's recall"
- "Children are **retaining** concepts"
- "Children have made exceptional progress"
- "98% pass rate in SPAG test"
- "More work produced!"
- "Increased understanding"
- "Increase in attainment in reading and writing"



"Teach Active will drive up outcomes in your school. It should be in every school and is the best use of my PE and Sport funding"

> Steve Tindall, Headteacher Holy Family Catholic Primary Addlestone, Surrey



Read our Case Studies

Teach Active is used by schools to impact in many different areas – <u>read our case studies</u> to see how Teach Active could support you and your school!





Free Trial and 1:1 Demo

- Try it and be in with a chance of winning an Athlete visit* for your school.
- Visit <u>www.teachactive.org</u>





*One Athlete visit is available to win. Winner will be chosen on 26^{TH} May 2023 and announced on the Teach Active social media platforms. Applies to all trials registered between 17/04/23 - 26/05/23.

