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Creating a whole school approach to
physical activity

Everyday Active Schools

Everyday Active Schools – Where did the Idea Come From?

- Not a new concept - significant development in whole school approaches in recent years
- After researching different approaches, found Active Calderdale's
- The appeal of Active Calderdale's approach is the simplicity of it, it does not add any extra workload to schools but works with schools to make small changes that overtime build up to have a big impact.

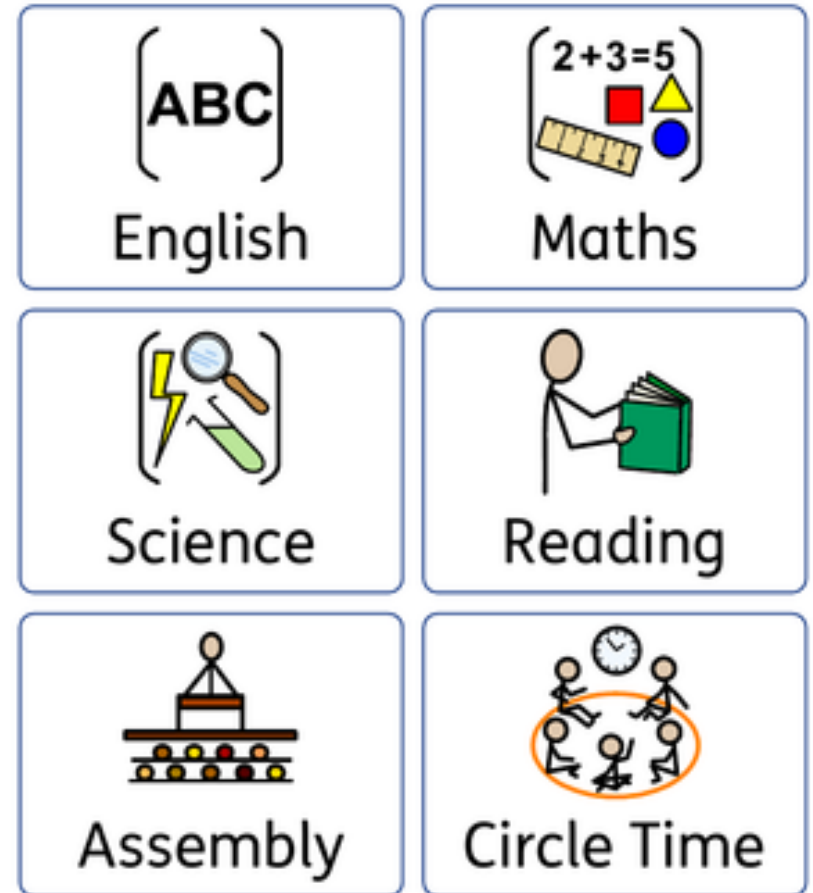
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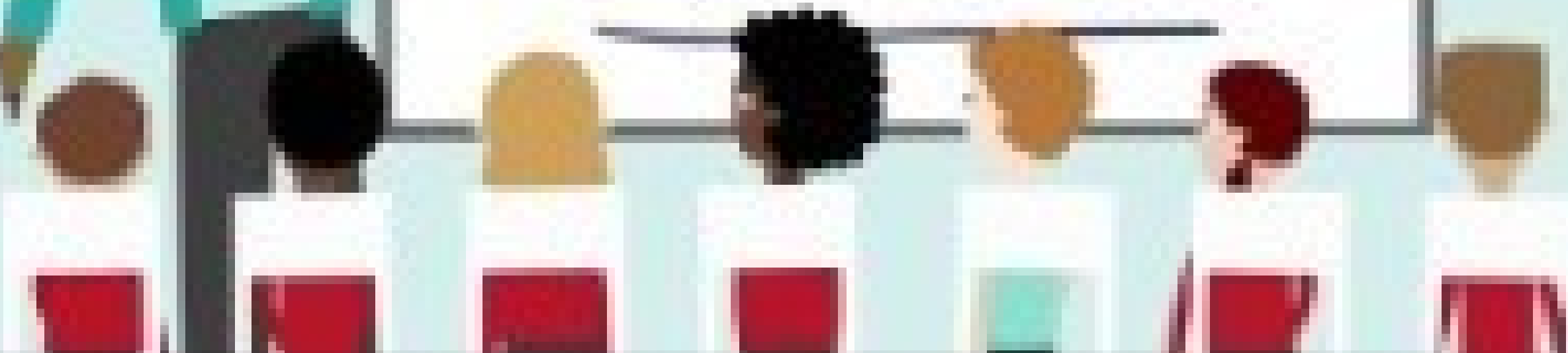
‘Designed to be workload-light and impact heavy’

What does a whole school approach to physical activity actually mean?

A whole school approach goes beyond the boundaries of PE and into **the everyday routine of the school day**, from promoting active travel, physically active lessons all the way through to influencing parents to increase activity levels.



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L I F E !



Everyday Active Schools Expression of Interest Form

