



**YOUTH
SPORT
TRUST**

www.youthsporttrust.org | [@YouthSportTrust](https://www.instagram.com/YouthSportTrust)

The Journey So Far - 2016

SCHOOL GAMES MISSION

Keeping competitive sport at the heart of schools and provide more young people with the opportunity to compete and achieve their personal best.

SCHOOL GAMES VISION

By 2020 the School Games will be continuing to make a clear and meaningful difference to the lives of even more children and young people.



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Principles of Competition- 2017



SCHOOL GAMES

PRINCIPLES OF COMPETITION

- 1** The young person's motivation, competence and confidence are at the centre of the competition.
- 2** The focus is on the process rather than the outcome (on the learning and values development of the young person rather than the result).
- 3** Volunteers, leaders and officials are appropriately trained and display behaviours reflective of the nature of the competition.
- 4** The environment is safe and creates opportunities to learn and maximise social development.
- 5** The facility and the environment that is created for the competition reflects the motivations, competence and confidence of the young people and format of the competition.



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Themes of Competition (Intent) - 2017-2019

- Theme 1: Widening the competition environment to develop character and life skills
- Theme 2: Widening the competition environment to improve health
- Theme 3: Considering age or maturity levels to support fair competition and foster social connections
- Theme 4: Using technology to develop physical skills
- Theme 5: Adding fun elements to engage new audiences
- Theme 6: Adapting the competition environment to support individual development in sport
- Theme 7: Adapting the scoring to develop different sport skills
- Theme 8: Adapting the format to increase motivation



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Sport England Strategy



We want every child and young person to experience the enjoyment and benefits that being active can bring. Their needs, expectations and safety should come first in the design and delivery of activity.



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Our Strategy

Together we will harness the power of play and sport to **build belonging** for a generation, improving their health, fostering inclusion and developing character and leadership.

Starting locally and building momentum, we will galvanise and **inspire changemakers** to transform attitudes, improve practice and drive policy change.



*Inspiring
changemakers,
building belonging*

Our strategy 2022-35



2022 EDITION



National Direction

- Local vs National
- For all vs Targeted
- Physically literate young people
- Outcomes vs KPI's



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Refreshed Mission and Vision - 2021

SCHOOL GAMES MISSION

physical activity and

Keeping competitive sport at the heart of schools and provide more young people with the opportunity to compete and achieve their personal best.

SCHOOL GAMES VISION

~~By 2020~~ the School Games will be continuing to make a clear and meaningful difference to the lives of even more children and young people.



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The School Games inspires young people to be physically active for life through positive experiences of daily activity and competition.

The School Games delivers physical activity via a **local network supported nationally.**

The School Games creates opportunities and experiences that **young people will enjoy.**

The School Games supports the **wider development** of young people.

Strategic Outcomes

- 1** To maintain and grow school engagement¹ in the School Games and their delivery of 60 active minutes
- 2** To create positive experiences by ensuring physical activity and competition provision is designed to reflect the motivation, competence and confidence of young people and has clear intent
- 3** To have a clear focus on secondary schools and transition points (Yr.3 and Yr.7/8)
- 4** To create positive experiences that support the character development of young people, capitalising on Birmingham 2022 Commonwealth Games by empowering young people to design, deliver and promote Physical Activity and/or Competition
- 5** To advocate to key stakeholders³ how the School Games makes a meaningful difference to the lives of children and young people, including supporting schools to engage and educate parents



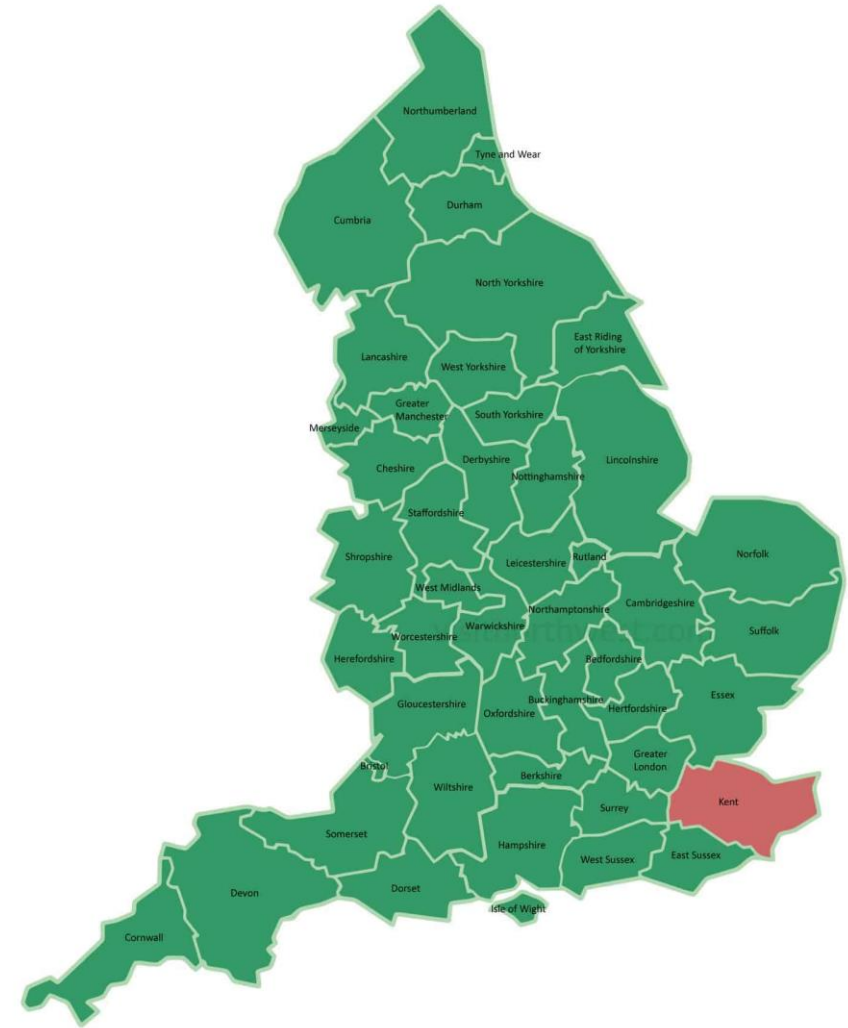
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Kent School Games

Canterbury City
Dartford
Dover
East Kent Coastal
Folkestone and Hythe
Gravesham
Maidstone Mid Kent

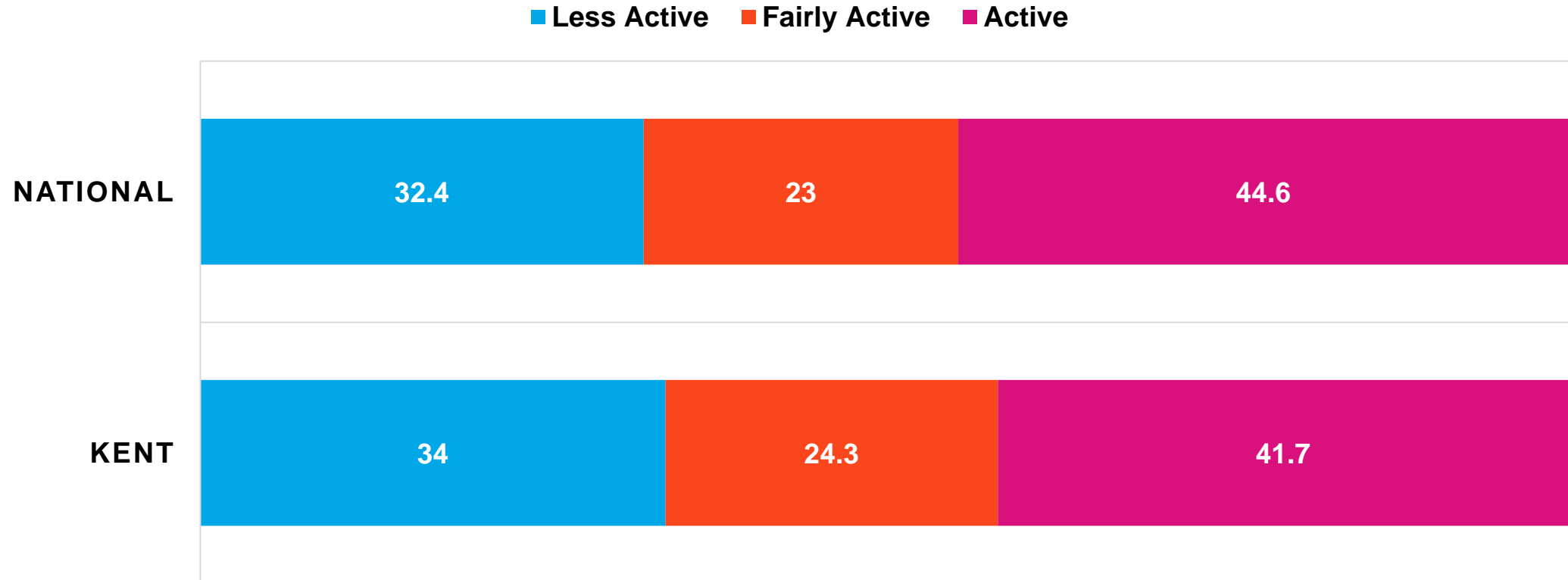
Malling and Sevenoaks
Medway
Medway
Sheppey and Sittingbourne
Thanet
Tonbridge and West Kent
Tunbridge Wells



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What does it look like in Kent?



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Kent School Games Offer 2021-22

CYCLING

WHEELCHAIR
BASKETBALL

TRYATHLON

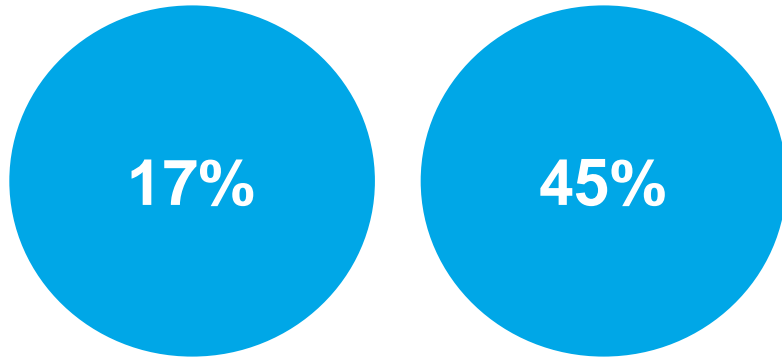
BOWLS



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The Impact



“We were delighted to partner with Kent Sport to develop this new programme and have already had interest expressed from many other Counties to use the resource next year. It was wonderful to see the students who possibly wouldn’t have previously got these opportunities engaging in the challenges and having fun.”



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2022/23

Active 60

Inclusion

Leadership

Transition



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Reflection

WHY do you do take part in the School Games?

Who are current opportunities accessed by?

Who needs the provision the most?



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What's Available to You....

- Local support from your School Games Organiser
- United by Assembly, **#B2022SGVirtualComp**
- National School Sports Week, 20th – 26th June
- Queens Baton Relay, 10th June – 4th July



 @YouthSportTrust
@YourSchoolGames

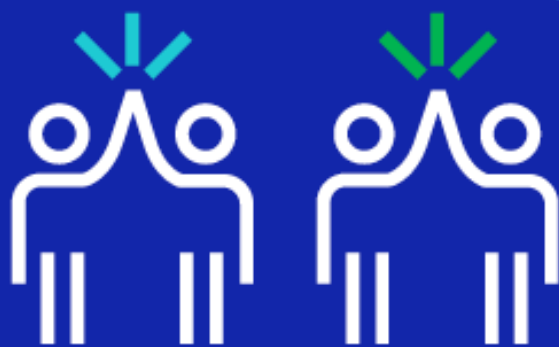
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**NATIONAL SCHOOL
SPORT WEEK 2022**

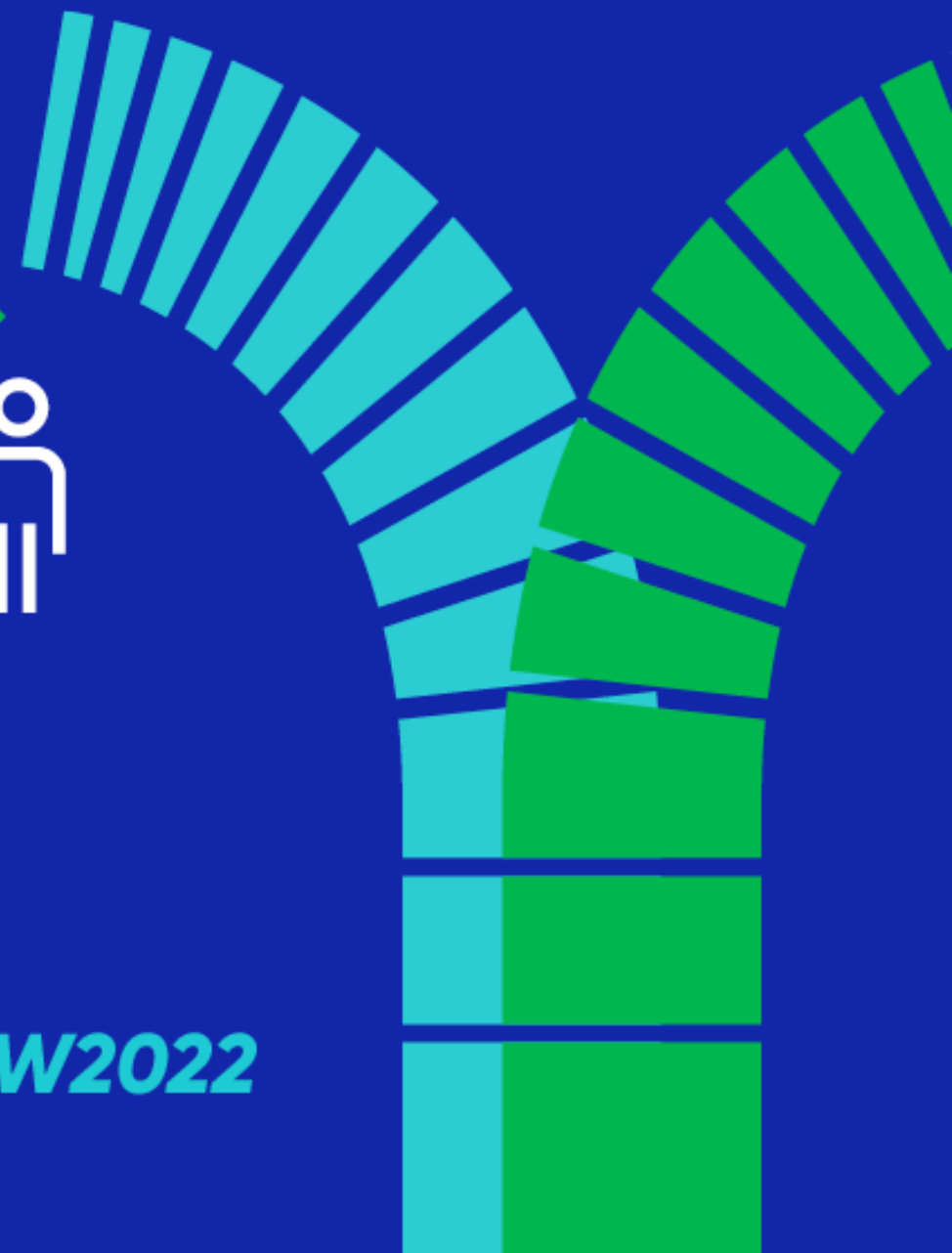
Belonging – a place
in sport for every child



20-26 June 2022

Register now

www.youthsporttrust.org/NSSW | **#NSSW2022**



What's happening on the week?

Join us to guarantee there is a role for every young person in a school sports day this summer.

Let's celebrate – print your own certificate and collectable tokens to mark your achievements across the week



Monday 20th	Tuesday 21st	Wednesday 22nd	Thursday 23rd	Friday 24th	Saturday 25th	Sunday 26th
Try this!						
The '1 a Day' Challenge begins – get ready to give the 'Around the World' card a try.	It is Day 2 of the '1 a Day' Challenge – try the 'Speed Bounce' card.	Day 3 of the '1 a Day' Challenge – Look out for sports stars attempts at the 'Catch and Clap' card and join in.	It's Day 4 of the '1 a Day' Challenge – keep going, try the 'Tap up Tennis' card.	It's the final day of the '1 a Day' Challenge – today we're doing the 'Fast Feet' card. Did you manage to complete them all?	Completed the '1 a Day' Challenges? Why not create your own and share it with us using #NSSW2022.	
Nationally						
National School Sport Week launches with an event at Sutton Park Primary School in Birmingham.	Our Youth Board join a roundtable with the Children's Commissioner on the theme of 'Belonging'.		Today is also Olympic Day – Team GB is supporting the week with athlete visits in schools to mark 10 years since London 2012.	Team YST set off to climb the Three Peaks – please cheer us on and follow our journey here .		
			MPs around the country visit schools to see what they have planned for National School Sport Week.			

Supported by



#NSSW2022 @YouthSportTrust

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NATIONAL SCHOOL SPORT WEEK 2022

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NATIONAL SCHOOL SPORT WEEK 2022



'1 a Day' Challenge: Around the World

Do you believe in yourself and keep trying even if you drop the ball?

For the '1 a Day' Challenges consider how you can use the STEP tool to play inclusively. This is a simple way to adapt and make changes to activities, meaning they are more accessible. It stands for **Space, Task, Equipment, People**. You can change any of the elements to make the challenges accessible and inclusive.

How many times can you pass the ball around your waist in 60 seconds?



1. Take part

Try the challenge as a class or with family and friends. Take photos/videos of your attempt. Add up your total score.

2. Pass it on

Nominate your chosen school or person to beat your score by tagging them on social media with your attempt. Use #NSSW2022 @YouthSportTrust

3. Donate to the Youth Sport Trust

Help us continue our mission and raise awareness of NSSW.

If you drop the ball you need to pick it up quickly and carry on!

- S** Try moving the target closer/further away or placing it on the floor.
- T** Change it up. Sit down to do the activity, rather than standing.
- E** Balloons or a rolled-up pair of socks are a great alternative to a ball. Pass the object around your body – you can even add rice to the balloon for sound.
- P** Pair up with a partner and see the different ways you can move the ball around your body.

Complete P.E.
Primary Learning Success

@YouthSportTrust
#NSSW2022

<https://www.youthsporttrust.org/media/142226/nssw-inclusive-physical-activity-bingo-16-04.pdf>

YOUTH SPORT TRUST
NATIONAL SCHOOL SPORT WEEK 2022

'1 a Day' Challenge: Tap Up Tennis

Do you ask for help if you find the challenge hard?

For the '1 a Day' Challenges consider how you can use the STEP tool to play inclusively. This is a simple way to adapt and make changes to activities, meaning they are more accessible. It stands for **Space, Task, Equipment, People**. You can change any of the elements to make the challenges accessible and inclusive.

How many times can you tap up a tennis ball on a racket in 60 seconds?



1. Take part

Try the challenge as a class or with family and friends. Take photos/videos of your attempt. Add up your total score.

2. Pass it on

Nominate your chosen school or person to beat your score by tagging them on social media with your attempt. Use #NSSW2022 @YouthSportTrust

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If the ball touches the floor, time continues but your score freezes until you start tapping again.

- S** Increase the space you have to move about more freely.
- T** Try balancing the ball on the racket or your hand instead of tapping it up.
- E** Change the ball for a balloon or pair of rolled-up socks.
- P** Try playing this with a partner, how many times can you pass it to each other?

Complete P.E.
Primary Learning Success

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