



The Daily Mile™ Destinations

15 minutes, 15 countries, 100 days

Your 'How to' guide

1. Launch The Daily Mile Destinations in school with an assembly to explain how it works - a supporting presentation can be found on our website.
2. Put your school map up on a display board that everyone can see.
3. Give the stickers to a designated teacher - this could be the PE co-ordinator, head teacher, or class teacher.
4. Decide on a marker for each class. You can use labels or images, or even have a competition in the class to design your class marker!
5. Each class will need to look after their own passport.
6. Each time you reach a new destination, add the sticker to your passport and print off the matching certificate and fact sheet. Certificates and fact sheets can be found on our website.
7. Work your way around the world, aiming to collect each country's sticker.
8. Each time a class arrives at a new destination, collect a flag sticker from your headteacher to put in your class passport.
9. Display the 'Fun Facts' about the landmarks at the destination you have reached up on the board.
10. Use the prompt question to start a discussion with your class - this could link to the curriculum.
11. Work your way around the world aiming to collect each country's sticker.

15 minutes each day, 15 countries to visit and 15 stickers for your class to collect.

Enjoy the journey!

