

# BADMINTON - BISI FESTIVAL (YY 5)

### **Hints and tips**

- The BADMINTON England Raw Talent Identification Tool can be used during the Festival to help identification of potential new players who could be invited to a Performance Centre or Premier Club
- Completion of the Raw Talent Identification Tool could be undertaken by a badminton coach or specialised teacher.

# Leadership and volunteering opportunities

 Sports Leaders and Badminton Junior Helper Award (BJHA) students can lead each of the activity stations or manage the individual teams.

### **Officiating**

 Young Official Award (YOA) students can be used to keep score.

### Think inclusively (STEP)

### Space

 Distances for the challenges can be adjusted to match the ability of the players.

### Task

The time allowed for activities can be flexible; for example, increase the time in certain challenges to enable some players to complete it successfully.

### **Equipment**

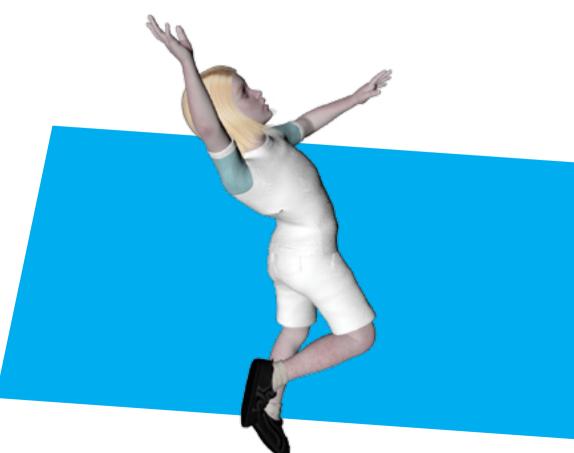
 Use alternative equipment options to increase participation; for example, slower-moving fluff balls instead of shuttles or larger-head rather than standard rackets.

### People

 Balance competition by ensuring a range of abilities across each team.





















Primary Intra-school/Level 1 Resource - competition card

# BADMINTON BISI FESTIVAL - (Y' 5)

SCHOOL GAMES

### **Quick rules**

- Festival duration = 1 ½ hours
- Teams of 8
- 4 court hall
- 10 activity stations (each activity runs for 4 minutes)
- Teams work their way around the 10 activity stations and keep score as they progress through the activities. At the end of the Festival the team with the highest score is the winner

## **Equipment required**

- Bisi Festival Toolkit.
- Bisi rackets and shuttles.
- Throw-down spots and lines.
- Small hoops.
- Bisi shuttles measure.
- Giant shuttle.
- Fluff balls.
- Bisi equipment available at www.badmintonengland.co.uk/bisiequipment

### **Health and safety**

- Check knee, heel, toe alignment during lunging activities
- Players to wait at a safe distance behind activity (use throw-down spot for positional guidance)











