

YOU CAN

YOUTH **CANCER** SUPPORT



YOU CAN
SUPPORT

tmactive

MORE PEOPLE, MORE ACTIVE, MORE OFTEN

"It gives tmactive, great pleasure to be supporting YouCan. tmactive are extremely passionate about providing young people with opportunities to participate in physical activity. We are delighted to be involved."

Natalie Smith

Health and Wellbeing Coordinator TM Active



Did you know?

Physical Activity will improve your appetite and help you sleep better!

KentSport
.org

